
CAMP CHAYOLIM
KIDS GOT POWER
THE CHILDREN OF TODAY
THE LEADERS OF TOMORROW
MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY
MIDDOS 1
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Hakaras Hatov
Derech Eretz
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Be Reliable
Be Humble
See The Good
Overcome Jealousy
Be Confident
Details:
• Daily swim instruction in heated pool
• Located in Highland Park
• Healthy snacks served twice a day (fruit/grain)
• Hours: 9:00-3:15 daily, including Friday
• Lunch & aftercare available for an additional fee
• Full summer commitment required
Daily Schedule:
• Monday: Swimming, Sports, Dance
• Tuesday: Art, Science, Archery
• Wednesday: Trip Day
• Thursday: Swimming, Sports, Dance
• Friday: Swimming, Science, Challah Baking
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Hakaras Hatov

- Do you know what Hakaras Hatov means? It means seeing the good and saying thank you.
- It's easy to forget to appreciate the little things that bring us joy, like a delicious cookie or a fun day at the beach. But when we start paying attention to the good things around us, we realize that goodness is actually everywhere! Recognize the things you have to be grateful for and the way you express appreciation. Did you know that if you check, you can find something good in ANY situation?
- Hakaras Hatov is being thankful for the good things we have, the people in our lives, and the fun things we get to experience and do.
- Hakaras Hatov will move your attention away from annoying negative thoughts and onto fantastic happy thoughts.

Every time someone helps us, we can practice Hakaras Hatov by saying thank you—to people and to Hashem.

- Do you say thank you:
  - Every time your parents prepare a meal?
  - When someone drives you somewhere?
  - When your cleaning lady cleans your room?
  - To your counselor who gives you a great time?
  - To the lifeguard at the pool?
  - To your parents for sending you to camp?

Izzy & Lizzy Puppet Show



Act out scenarios:

- Izzy shares a crayon.
- Ima makes supper and kids eat delicious food.
- Abba takes the kids to the park.
- Lizzy shares her treat from school with Izzy.
- Imma and Abba take the kids bike riding.

Movement

Thank You Echo:

- Children sit in a circle.
- One child begins by saying a gratitude phrase aloud. For example: "Thank you for my family."
- Go around in a circle. Children will need to repeat what the previous child said and add their own.
- Its fun to see who can remember what everyone said previously.
  - Thank you for helping me!
  - I appreciate my friends.
  - I'm grateful for yummy food.
  - Thank you, Hashem, for the sunshine.
  - I appreciate my teachers.
  - I'm grateful for my family.

STEM

Candle and Balloon Pressure Magic:



- Balloon
- Tealight candle
- Glass cup

Instructions:

- Blow up balloon
- Place lit candle on top of balloon face up.
- Place glass cup face down on top of candle so no air can go through.
- Wait 10 seconds – the balloon will suction itself through the cup and you will be able to turn the balloon upside down by only holding the cup.

Book Suggestions

- Dovy and the Thank You Trip
- Yossi, The Boy Who Didn't Talk Lashon Hara

Coloring Fun Sheet



- Fold the מודה paper in half so the words are in the front.
- Have the campers trace the words מודה.
- Decorate the inside with embellishments: pompoms, stickers, gems, etc.
- מודה cards should be gifted to parents.

Arts & Crafts

Salt & Glue Thank You:





- Template
- Liquid glue
- Salt
- Watercolor paints
- Paintbrush
- A plate

Instructions:

- Trace over the templates' lines with glue. Kids can outline the heart or outline the words as well if they are more advanced.
- Sprinkle salt over the glue lines. Make sure all the glue is covered. Then, tilt the paper to remove excess salt. Do this part over a plate to catch the salt that falls off.
- Let the glue and salt dry for a moment. Then, dip your paintbrush in water and then in your watercolor paint. Gently tap the paintbrush over the salt-covered glue lines. You'll see the color spread magically along the salt lines!

Bunk Game

Gratitude Scavenger Hunt:



SAMPLE

A Good Friend Puzzle

Cut the puzzle and paste the puzzle pieces onto a new sheet of paper



SAMPLE

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Dear Friends,

The purpose of the **Kids Got Power** is to help camp directors, counselors and teachers make learning a happy and joyful experience for children. Camp/School is the best time to infuse our children with a love for Yiddishkeit. This curriculum is geared for children ages 3-9.

Kids Got Power Curriculum Includes:

1. Program Guide
2. Downloads File
3. Custom Calendar Design (additional fee. Email author.)

Each Day's Theme includes the following:

1. Lesson
2. Puppet Show with Izzy and Lizzy
3. Movement
4. Art Project
5. Fun Sheet
6. Group Game
7. STEM/Science
8. Book Suggestion for some days

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