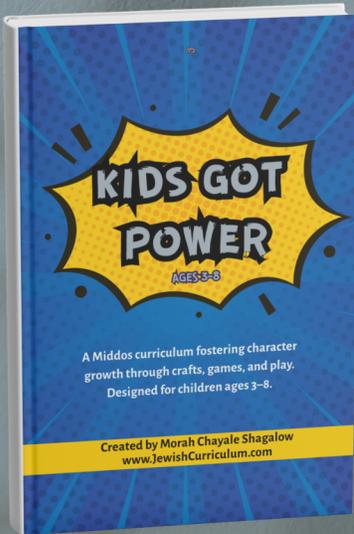


# Jewish Curriculums

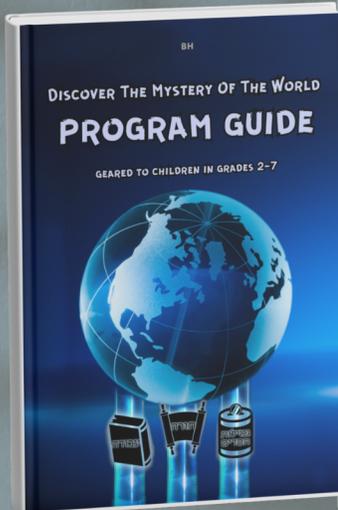
LOOKING FOR AN AMAZING CURRICULUM BUT DONT HAVE THE TIME TO MAKE ONE? WE'VE GOT YOU COVERED!



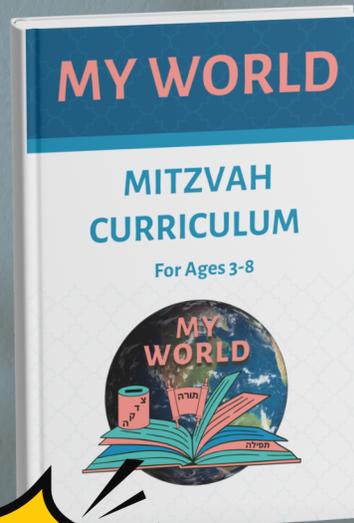
- **Kids Got Power is an 8 week Middos camp curriculum**
- **41 Jewish themes**
- **Each days theme includes:**
  - Lesson
  - Izzy & Lizzy scenarios
  - Movement
  - Art project
  - Fun sheet
  - Bunk game
  - STEM/Science
- Designed for ages 3-8
- Cost is \$250
- Calendar design available at additional fee



- **The Jewish Kids Club includes 15 themes** to empower kids to shine their inner light and make the world a better place.
- **Each theme includes:**
  - Lesson
  - Izzy & Lizzy scenarios
  - Movement
  - Arts & craft
  - Fun sheet
  - Group game
  - Weekly Mitzvah missions
- Designed for ages 3-8
- Cost is \$100
- Flyer available - additional fee



- Mystery of the World:**
- **8 weekly Judaic themes**
  - **Each week includes:**
    - 4 themed art projects
    - Electronics
    - STEM
    - Spy clues
    - Bunk game
    - Outdoor game
    - Mad science
    - Scavenger hunt
    - Themed carnival
    - Jewelry making
    - Lego challenge
    - Fruit edible crafts
    - Nail art
    - Additional games
  - Theme song, bunk names
  - Designed for ages 8-13
  - Cost is \$250
  - Calendar Design: \$130



- **Mitzvah Curriculum is an 8 week summer curriculum with 40 themes.**
- **Each day's theme includes the following:**
  - Lesson
  - Group discussion or Izzy and Lizzy scenarios
  - Art project
  - Fun sheet
  - Outdoor activity (science, hunt or race)
  - Bunk game
  - Water sensory table
- Designed for ages 3-8
- Cost is \$250
- Calendar design: \$130

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# JUST IN CASE YOU SKIPPED THE PREVIOUS PAGE:

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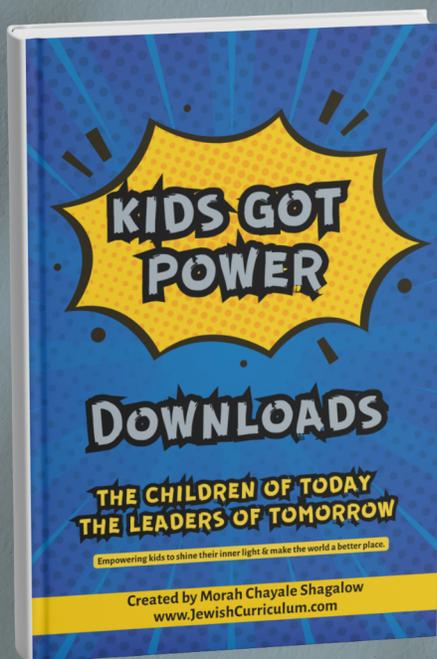
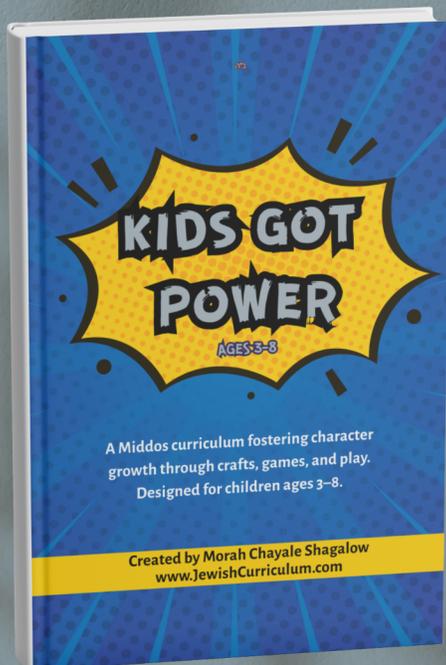
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Kindly address all comments or questions to the author.

Morah Chayale Shagalow  
cshagalow@gmail.com  
www.JewishCurriculum.com

# Kids Got Power Middos Curriculum

LOOKING FOR AN AMAZING CAMP CURRICULUM BUT DONT HAVE THE TIME TO MAKE ONE? WE'VE GOT YOU COVERED!



- Kids Got Power is an 8 week Middos camp curriculum
- 41 Jewish themes
- Each days theme includes:
  - Lesson
  - Izzy & Lizzy scenarios
  - Movement
  - Art project
  - Fun sheet
  - Bunk game
  - STEM/Science
- Designed for ages 3-8
- Program Guide & Downloads: \$250
- Calendar design: \$130

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DOWNLOAD!**

# Hakaras Hatov

- Do you know what Hakaras Hatov means? It means seeing the good and saying thank you.
- It's easy to forget to appreciate the little things that bring us joy, like a delicious cookie or a fun day at the beach. But when we start paying attention to the good things around us, we realize that goodness is actually everywhere! Recognize the things you have to be grateful for and the way you express appreciation. Did you know that if you check, you can find something good in ANY situation?
- Hakaras Hatov is being thankful for the good things we have, the people in our lives, and the fun things we get to experience and do.
- Hakaras Hatov will move your attention away from annoying negative thoughts and onto fantastic happy thoughts!

Every time someone helps us, we can practice Hakaras Hatov by saying thank you—to people and to Hashem.

- Do you say thank you:
  - Every time your parents prepare a meal?
  - When someone drives you somewhere?
  - When your cleaning lady cleans your room?
  - To your counselor who gives you a great time?
  - To the lifeguard at the pool?
  - To your parents for sending you to camp?

## Izzy & Lizzy Puppet Show

Act out scenarios:

- Izzy shares a crayon.
- Imma makes supper and kids eat delicious food.
- Abba takes the kids to the park.
- Lizzy shares her treat from school with Izzy.
- Imma and Abba take the kids bike riding.



## Movement

**Thank You Echo:**

- Children sit in a circle.
- One child begins by saying a gratitude phrase aloud. For example: "Thank you for my family."
- Go around in a circle. Children will need to repeat what the previous child said and add their own.
- Its fun to see who can remember what everyone said previously.
  - Thank you for helping me!
  - I appreciate my friends.
  - I'm grateful for yummy food.
  - Thank you, Hashem, for the sunshine.
  - I appreciate my teachers.
  - I'm grateful for my family.

## STEM

**Candle and Balloon Pressure Magic:**

- Balloon
- Tealight candle
- Glass cup

**Instructions:**

- Blow up balloon
- Place lit candle on top of balloon face up.
- Place glass cup face down on top of candle so no air can go through.
- Wait 10 seconds - the balloon will suction itself through the cup and you will be able to turn the balloon upside down by only holding the cup.



## Book Suggestions

- Dovy and the Thank You Trip
- Yossi, The Boy Who Didn't Talk Lashon Hara

## Coloring Fun Sheet

- Fold the thank you paper in half so the words are in the front.
- Have the campers trace the words 'Thank you'.
- Decorate the inside with embellishments - pompoms, gems, stickers, etc.
- The thank you cards should be gifted to parents.



## Arts & Crafts

**Salt & Glue Thank You:**

- Template
- Liquid glue
- Salt
- Watercolor paints
- Paintbrush
- A plate

**Instructions:**

- Trace over the templates' lines with glue. Kids can outline the heart or outline the words as well if they are more advanced.
- Sprinkle salt over the glue lines. Make sure all the glue is covered. Then, tilt the paper to remove excess salt. Do this part over a plate to catch the salt that falls off.
- Let the glue and salt dry for a moment. Then, dip your paintbrush in water and then in your watercolor paint. Gently tap the paintbrush over the salt-covered glue lines. You'll see the color spread magically along the salt lines!



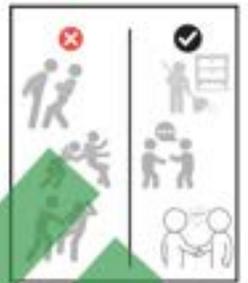
## Bunk Game

**Gratitude Scavenger Hunt:**

**Gratitude Scavenger Hunt:**

- Find something in the room that makes you smile
- Find a person whom you love
- Find something that is beautiful
- Find something that makes you good
- Find something that makes you laugh
- Find something that is your favorite color
- Find something that makes you excited

# Derech Eretz - Good Manners



SAMPLE

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# Color By א-א

Shalom Makes Hashem So Happy!

- א Red
- ב Green
- ג Blue
- ד Yellow
- ה Orange
- ו Purple
- ז Beige
- ח Brown

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# A Jew Is A Lamplighter

Our Mitzvos Light Up The World



© JewishCurriculum.com



Cut out the Mitzvah lights and place them in the lanterns.

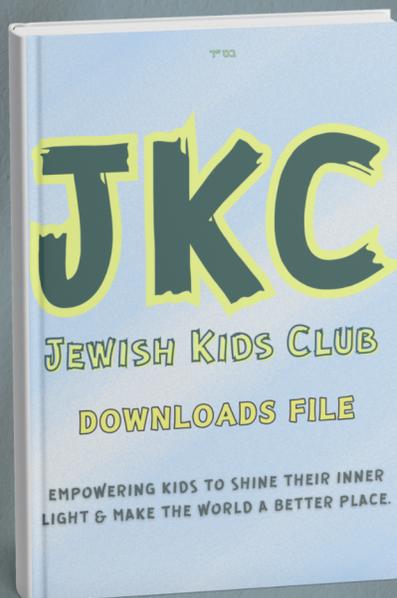
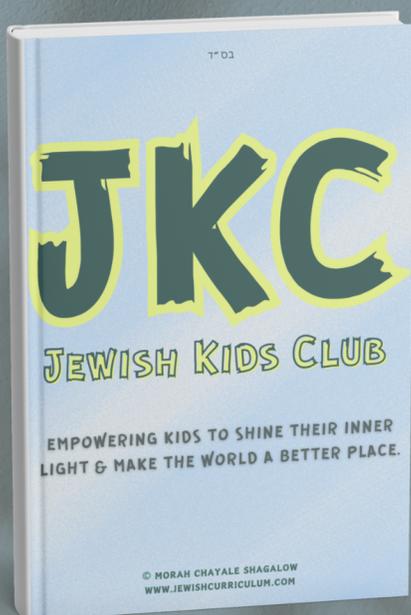
# A Good Friend Puzzle

Cut the puzzle and paste the puzzle pieces onto a new sheet of paper



# Jewish Kids Club

LOOKING FOR AN AMAZING KIDS CURRICULUM BUT DONT HAVE THE TIME TO MAKE ONE? WE'VE GOT YOU COVERED!



- The Jewish Kids Club includes 15 themes to empower kids to shine their inner light and make the world a better place.
- Each theme includes:
  - Lesson
  - Izzy & Lizzy scenarios
  - Movement
  - Arts & craft
  - Fun sheet
  - Group game
  - Weekly Mitzvah missions
  - Designed for ages 3-8
- Cost is \$100
- Flyer: \$50

**SOLD AS A PDF -  
GET AN INSTANT  
DOWNLOAD!**

[WWW.JEWISHCURRICULUM.COM](http://WWW.JEWISHCURRICULUM.COM)

### **Weekly Themes:**

1. Derech Eretz - Good Manners
2. Letting Go of Grudges
3. Chesed - Kindness
4. Emunah in Hashem
5. Managing Emotions
6. Respect Personal Space
7. What is a good Sibling
8. What Teshuva Means to Me
9. Tone of Voice
10. Tefillah
11. Kibbud Av V'Eim
12. Emes - Being Truthful
13. Yetzer Hara/Tov - Free Choice
14. Holiness of Shabbos
15. Ahavas Yisroel

### **Schedule:**

- 9:45 arrival time for staff
- 10:00 arrival time for children
- 10:00-10:15 coloring fun sheet
- 10:15-10:30 davening
- 10:30-10:40 movement
- 10:40-11:00 snack and Morah lesson
- 11:00-11:45 themed activities
- 11:45-11:55 outdoor play
- 11:55 Be outside ready for dismissal

# Letting Go of Grudges – A Path to Peace

- Let's say your friend broke your toy and didn't say sorry. You feel sad and mad. That's okay! But if you stay mad for a long time, even after they try to be nice again, that's holding a grudge. It's like saying, "I'm still mad!" even when your heart wants to feel better. A grudge is when you stay mad at someone for a long time, even after the problem is over. It's like keeping a big heavy backpack of angry feelings and carrying it around every day, even when you don't need it anymore.
- Imagine you have a backpack. Every time someone hurts your feelings and you don't forgive them, you put a big rock inside. If you keep adding rocks and never take them out, your backpack gets really heavy and hard to carry. Forgiving someone is like taking the rocks out so you can run and play again.
- The Heavy Backpack:** A boy carries a backpack filled with stones, each one representing a grudge he holds. As he walks, the weight slows him down. Eventually, he meets a wise elder who tells him that forgiveness is like removing the stones. As he lets go of each grudge, he feels lighter and freer.
- Discussion Questions:**
  - What does it feel like when someone hurts you?
  - Why might someone hold a grudge?
  - What can we say or do to let go of the grudge?

## Izzy & Lizzy Let go of Grudges

- During a picnic, Izzy thinks Lizzy took his crayons. He's upset and holds a grudge. But it turns out Lizzy was saving it for him! Teaches dan l'kaf zechus—giving others the benefit of the doubt. Lesson: Sometimes we get mad before we know the whole story. Forgiveness helps us feel better and stay friends.
- Izzy refuses to forgive Lizzy for splashing him. His backpack gets heavier with each grudge. Eventually, he learns to let go and feels light again. Lesson: Forgiveness helps us move forward and feel free.
- Lizzy keeps stepping on toes and saying "sorry" without changing. Izzy teaches her what a real apology looks like. Lesson: Saying sorry is just the first step - doing better is the next.



## Feelings

- Talk About It: Which feeling do you have when someone hurts you?
- Which feeling do you want to have instead?
- What can you do to let go of a grudge?



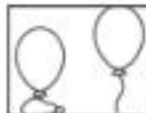
## Grudge vs. Peace Balloon

### Supplies:

- Balloon Template
- Crayons, Glue,
- Stickers, glitter, feathers

### Instructions:

- Give each child a template balloon
- Draw or write things that make them feel mad or sad in the balloon that's being weighed down by a rock ("He didn't share," "She said something mean"). Explain that this balloon is heavy with mad feelings. It's hard to fly when we hold onto grudges."
- Ask them to draw or write kind words like "I forgive you," "Let's be friends," or "I feel better." Decorate with stickers, glitter, or feathers to make it joyful.
- Explain that this balloon is light and full of peace. Forgiving helps us feel happy and free!



## Kindness Freeze Dance

- Play music and let kids dance.
- When the music stops, call out a scenario
  - Your friend didn't share.
  - Your toy was broken by your brother.
  - Brother took your treat that your mom bought you.
  - Someone hurt your feelings and didn't say sorry.
  - Your sister pushed you during playtime.
  - A friend scribbled on your drawing.
  - You're still mad about something from yesterday.
- Kids freeze and act out a kind response
  - I forgive you, let's share, let's play together, it's okay, I know it wasn't on purpose, shake it off and skip forward with a smile.

## The Grudge Rock

### Supplies:

- Smooth rocks
- Clay
- Gemstones

### Instructions:

- Give each child a grudge rock.
- Ask them to decorate it with angry or sad faces.
- Talk about how grudges feel heavy - like carrying this rock around all day.



Personal Space



NAME: \_\_\_\_\_

## MANAGING EMOTIONS

COMPLETE 5/7 OF EACH  
AND RECEIVE A PRIZE

I REVIEWED MY ANGER TOOLBOX

S M T W T F שבת

INSTEAD OF YELLING OR HITTING, I LET OUT MY ANGER BY PUNCHING THE COUCH OR JUMPING

S M T W T F שבת

# JKC

Jerusalem Kids Club

NAME: \_\_\_\_\_

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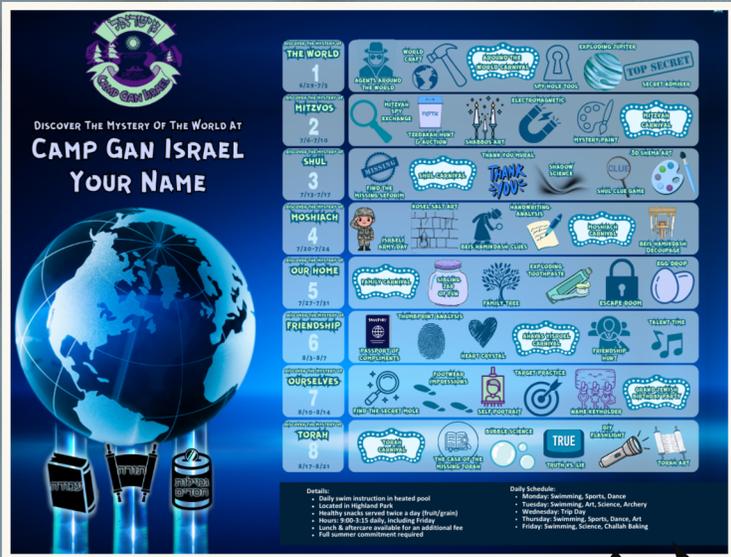
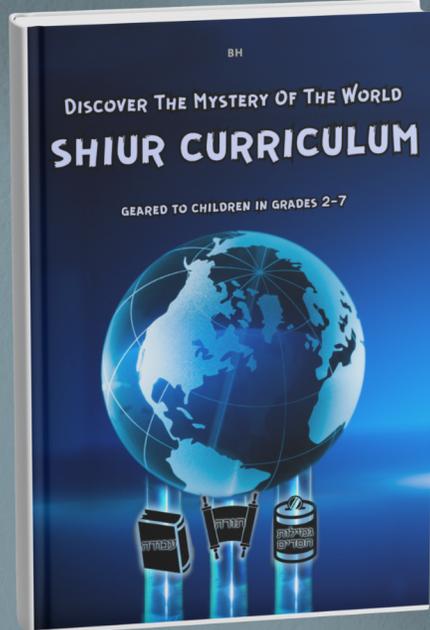
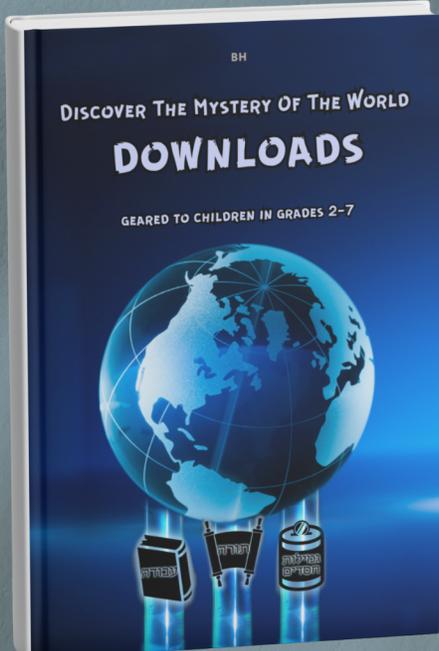
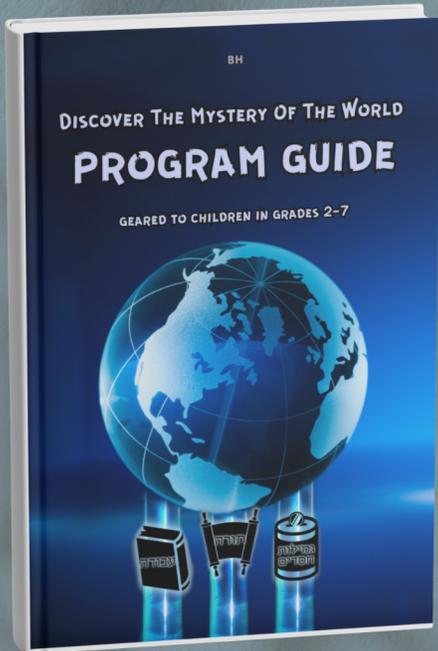
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# JKC

Jerusalem Kids Club

# Mystery of the World Camp Curriculum

LOOKING FOR AN AMAZING CAMP CURRICULUM BUT DONT HAVE THE TIME TO MAKE ONE? WE'VE GOT YOU COVERED!



## Mystery of the World Program Guide: \$250

- 8 weekly Judaic themes
- Each week includes:
  - 4 themed art projects
  - Outdoor game
  - Scavenger hunt
  - Themed carnival
  - Jewelry making
  - Lego challenge
  - Additional games
  - Electronics
  - STEM
  - Spy clues
  - Bunk game
  - Mad science
  - Fruit crafts
  - Nail art
- Theme song, bunk names
- Designed for grades 2-7
- Calendar Design: \$130
- Shiur Curriculum (geared to frum kids) \$180



# Week 1 - Mystery of the World

## Edible Crafts

### Orange Fruit Basket



## Mad Science

### Exploding Jupiter:

- Baking Soda
- Liquid Watercolors
- Water
- Vinegar
- Pipette

#### Instructions:

- Make baking soda paste to create mini "explodable" Jupiters. For each color, mix a cup of baking soda with about 1/4 cup water. Add liquid watercolors to the other two. The paste should be thick enough to be patted together into shapes. If yours is too runny, add a little more baking soda. If it's too crumbly to hold together, add a little more water.
- To make Jupiter, grab bits of all three colors and mixed them together into a small ball.
- After you have a few Jupiters done, it is time for some fizzing planet fun! It's fun to watch the planets bubble and dissolve.



## Jewelry Making

### DIY Washer Necklace:

- Washers
- Nail polish
- necklace string
- Frosted or glass beads (use one)
- Sewing needles



#### Instructions:

- Start by painting the washers. You almost have to pour it on (but don't) and then spread it out with the brush. Only paint the top and try not to let it run off the sides.
- After the washers are dry, it's time to string and bead them. This is where you can get really creative. The possibilities are endless!

## STEM

### The Solo Cup Engineering Challenge:

- 6 Solo Cups
- 1 rubber band
- 4 pieces of string
- 1 timer for the group

#### Instructions:

- The One Rule of the Challenge: Participants cannot touch the cups with their hands or any other part of their body.
- Create a grappler tool with the string and rubber band so the cups could move.
- Place the cups in three stacks (figure 1).
- Move the cups by using the grappler tool into a six pyramid shape (figure 2).
- Repeat the activity. During the second time, the counselor can keep track of completion times for each team.
- Use reflection questions to wrap up the activity.
  - How well did your team work together to move the cups?
  - At what point in the activity did you feel like everyone was working together?
  - Describe a moment when your team became frustrated. How did you work through this?



## Outdoor Activity

### Paperclip Challenge:

How many paperclips does it take to measure:	
• Yourself	_____
• Your counselor	_____
• The pool gate	_____
• The trampoline	_____
• A water bottle	_____
• A car	_____
• The bush outside	_____
• The front path	_____
• The garden outside	_____

# Week 1 - Mystery of the World

## Scavenger Hunt

### Agents Around the World:



- Agents Badge
- New Identity
- Agent clues, answer key
- Scissors, ink pad, safety pin

### Instructions:

- Part of being a top secret spy is to be able to assume a new identity in a short period of time. This game will prepare the secret agents to become top notch spies with their new presumed identities.
- Give the children a badge with their new identity slip (cut out a slip per each child)
- Instruct the children to fill out their new identity card and stamp in their fingerprints. Safety pin onto shirt
- Have the children read over and memorize their new given identities for about 5 minutes. After 5 minutes is up, stick the identity cards on the back of the child. Have all the spies walk around and quiz each other to see who can remember the most facts about themselves. Whoever has the most correct answers, is the winner.
- Once campers have their agent names and badge, give them the three clues to complete.

### Clue Answers:

- Clue #1: "Hey campers, get ready for the best summer ever!"
- Clue #2: "We are going to have so many exciting clues and activities."
- Clue #3: "Now give yourself a pat on the back for being awesome at figuring this clue out."

## Bunk Game

### Secret Admirer Activity:

- Place all names in a box. Have each camper choose one. The name of the paper becomes your secret admirer for the day (or the week). Counselors play as well!
- The goal is to do acts of kindness to the secret admirer for the day. It can start out as a secret and then then continue even when they know who is each others secret admirer.
- There should not be any food/prizes/gifts involved in this activity.

### Activities:

- Complete the Heart Secret Admirer Activity - write what you admire about your friend.
- Compliment your secret admirer throughout the day
- Complete the "Who Am I" worksheet to announce to your secret admirer who you are.

Name	Admire



## Additional Games

### Musical Chairs

- Set up chairs in a row, one for every child playing, every other chair should be in the same direction. Play some music and when the music stops everyone has to try and sit down in a chair. Every time the music stops, you take out one chair. Whoever doesn't have a chair is out.

### Headbands

- Each girl wears a headband, and they need to ask yes or no questions and treating each other as each kid's headband indicates...everyone must figure out who they are and find their partner

### Gotcha

- kids pick name out of bag have to find themselves alone in room with that person and yell "gotcha" then that person is out and gives kid their name to go get. Last 2 people will end up with each other. Whomever says gotcha first wins.

### Laughing tissue

- The leader holds a tissue in the air. As soon as she drops it everyone must start laughing. The instant the tissue touches the floor, everyone must be silent and keep a straight face. Anyone left laughing or smiling is out. Keep doing that until there is 1 girl left. The winner is the last one left.

### Twenty Questions

- One girl is sent out. The group chooses an object (person, place, thing). The girl comes back in and has twenty questions to ask. The answers can only be yes or no.

### Smile Throwing

- One girl must smile and then pull the smile off her face and throw it at someone else. Nobody else in the circle is allowed to smile or else they are out.

# Week 1 - Mystery of the World

## Recycled Art

**Recycled Art: Create a shoe that you can wear.**

- Measure your foot size to be your base of the shoe.
- Cardboard
- Hot glue gun and glue
- Scissors, tape, string, pencil.



## Lego Challenge

**Cable Car:**

Build a cable car that works!



## Chalk Mural

Create an obstacle course



## Electronics

**Paper Circuits Cards**

- Make simple or complex electrical circuits on a flat piece of paper! Using copper tape and surface-mount LEDs allows you to make a fully functional circuit on a flat surface, like a piece of paper. You can make light-up greeting cards, make origami animals come to life, or create three-dimensional pop-up paper sculpture that have working lights in them.
- The basic circuit is very simple, and yet allows for a wide range of explorations and aesthetic expression.
- With a little more effort, you can add switches, which can be as simple as a piece of aluminum foil, to add a dynamic element to your creation. The window on the little house above lights up when you close the door.
- Or you can keep the circuit really simple and let your creativity shine in other ways, like making this beautiful cupcake with light-up sprinkles...

## Electronics Continued

**Supplies:**

- Copper tape - 5mm copper tape
- Gumdrop LEDs
- Coin cell batteries

**Getting Started**

- LEDs have two legs of unequal length: the longer one is the positive (+) side of the LED, and the shorter leg is the negative (-) side.
- Fold over one corner of the paper and trace the battery on either side of the fold. Try taping down two strips of copper tape with each piece starting from one of the circles and ending about a half inch apart.
- Tape down one LED with the legs touching on the copper. Connect the "+" side of the battery to the "+" leg of the LED, and "-" side of the battery to the "-" leg of the LED.
- Fold the corner to see the LED lights up. If it doesn't light up, try flipping the battery to make sure the positive side of the battery connects to the positive leg of the LED.
- With these starting steps, the possibilities for creating your paper circuits are endless. You can fold the copper tape into different designs or make a collage that is lit by a hidden circuit on another piece of paper underneath.



# Week 1 - Mystery of the World

## Spy Time

### Build your own Keyhole Spy Tool:

This little contraption is an adaptation of a keyhole spy tool. Real spies used it in the past to look through keyholes. Well, anyone can look 'through a keyhole' of course (duh!), but this one actually gave an opportunity to get a fisheye view of the room. This is not enough to recognize who or what is in the room, but this nifty little tool could be poked into the keyhole, and be used to see if there is any movement in the room.

### Supplies:

- A clear glass marble (the smaller the better)
- A sheet of thick, black paper
- Some sticky tape
- Scissors

### Instructions:

- With the scissors, cut the thick black paper to size (approx. 8 times as long as the diameter of the marble, and 5 times as wide).
- Put the marble in the middle, and roll the paper tightly around it. Stick it with the sticky tape. Then blow, or poke the marble to one end until it's just sticking out. Half of the marble will still be inside, and half of it will peek outside...

Now, I don't know if your marble is small enough to be able to put through a keyhole, but if you look through the side that has no marble, you can see how you can look around the room.

The only trick is, that the entire picture is upside down! This is because the marble will reverse any light that falls through it. It's just a simple tool, but, believe me, very effective!



## Nail Art

### Patterned Nails:

There are so many patterns you can decorate nails with! Ranging from more simple ones, like stripes or polka-dots, to zig-zags and small floating hearts, there is a huge variety of beautiful patterns. For a unique look, why not mix up the patterns. One nail can incorporate dots, another zig-zags, a third one flowers.



## Around The World Carnival

### Booths:

- **Hawaii:**
  - Sandart. Color salt with large chalk or get a ready set.
  - Necklace: String cheerios
- **Russia:**
  - Russian Matrushka set. Have the kids color and cut out their own design.
  - Make a snowy picture: Mix shaving cream and glue. paint a picture on black construction paper.
- **America:** American Flag Popsicle Stick Craft (paint popsicle sticks and glue together.) Add star stickers.
- **China:**
  - Have campers decorate a Chinese fan.
  - Fortune cookies: make a basic cookie dough recipe. Make a circle. Fold in half and bend your cookie.
- **Israel:** Take a tour of the Beis Hamikdash - have the video keep playing on a laptop or large screen - kids can walk around and watch at their leisure.
- **Mexico:**
  - Pinata Making
  - Peso Toss. Line five sombreros in a vertical line with increasing point values the farther back they go (like 10, 20, 30, 40, 50). Give players a certain number of Mexican pesos or pennies (5-10). One at a time, have them stand behind a drawn line a few feet from the lowest-valued sombrero. Then they can toss their pesos into the sombreros to see who scores the most points! And yes, the coin must land *inside* the rim of the hat to count.
- **Africa:**
  - Jungle Animal Cookies
  - Drum Circle - set up an area and have one counselor lead different beats.
- **Italy:**
  - Pasta Jewelry (paint pasta in advance, campers should string it.
  - Pizza Making
- **England:** Tea/Story: Say a story while kids drink iced tea and eat tea biscuits.



# Week 1 - Mystery of the World

## Art Project #1

### Create your own foam board:

- Cut the fabric to fit the board.
- Using a hot glue gun, glue the fabric to the board.
- Place ribbons in a diagonal design (not too close to each other).
- Using a hot glue gun, glue the ribbons where they meet - but the rest of the space should not be glued to allow papers to be placed in.
- Glue gems onto the ribbon corners- where each corner meets.



## Art Project #2

### World Craft:

- Round Wooden Board
- Ziploc Bags
- Blue/Green Crayon
- Hammer
- Paint
- Paintbrushes
- World Template



### Instructions:

- Copy the world template using a pencil, on this round wooden board
- Then, have the kids paint green/blue in the land/water area
- Hammer down a blue/green crayon for a 3d effect - and have the kids glue it onto their world
- hot glue the world onto this base so it doesn't come apart.
- Each child receives one tag (tie it to the top of the base and let it hang in front of the world. write with a chalkboard marker 'Dear Mom and Dad' (however they call their parents) My world is special because you are in it.' Sign with the campers' name.

## Art Project #3

### Clay Bakery

- Have each camper make 1-2 bakery goods.
- Form them out of clay. Then decorate and paint to make it look like a real piece of cake.
- Allow to dry



## Art Project #4

### Galaxy Snow Globes

- snow globe
- water
- food coloring
- silver glitter
- silver star confetti
- baby oil

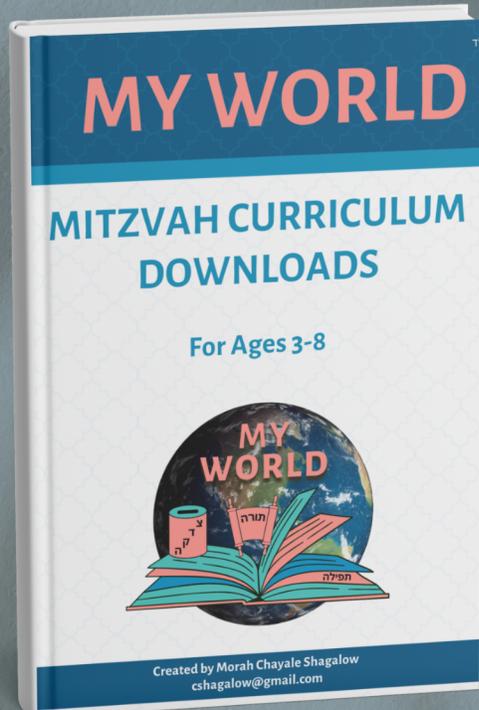
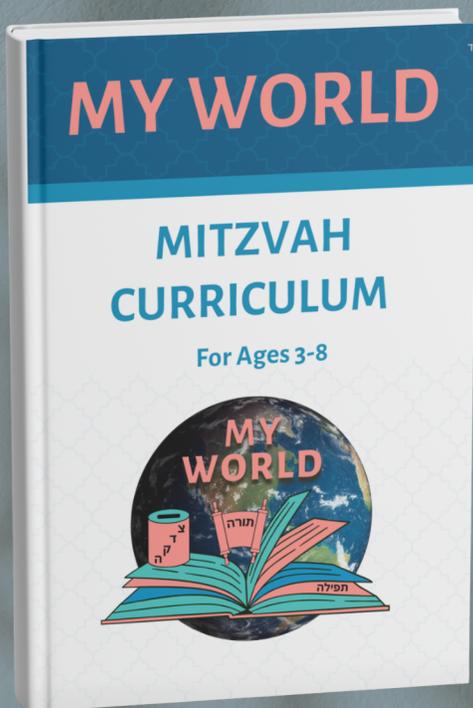
### Instructions:

- Add some food coloring to water to get desired color.
- Fill the snow globe half way with baby oil.
- Add some glitter and stars (Don't go too crazy.)
- Fill the globe the rest of the way with colored water.
- Leave room to close lid.
- Swirl, star gaze, dream of far away places, gift



# Mitzvah Curriculum

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  - Lesson
  - Group discussion or Izzy and Lizzy scenarios
  - Art project
  - Fun sheet
  - Outdoor activity (science, hunt or race)
  - Bunk game
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# TABLE *of* CONTENTS

## Week 1 - Kosher 06

---

Kosher Animals, Milk & Meat, Fish & Birds, Kosher Labels

## Week 2 - Mitzvos 11

---

Kibbud Av V'eim, Ahavas Yisroel, Tzedakah, Mezuzah, Chesed

## Week 3 - Middos 16

---

Being Truthful, Zrizus, Being Organized, Cleanliness, Proper Speech

## Week 4 - Brachos 21

---

Ha'etz, Ha'adamah, Mezonos, Shehakol, Hamotzi and Hagafen

## Week 5 - Moshiach 26

---

Moshiach, A house for Hashem, When Moshiach Comes, What Can We Do, Eretz Yisroel

## Week 6 - Torah 31

---

The Holy Torah, Learning Torah, Teshuva, Alef Beis, Alef Beis

## Week 7 - Hashem 36

---

Neshama, Belief in Hashem, Yetzer Hara vs. Yetzer Tov, Jewish Name, Jewish Birthday

## Week 8 - Mitzvos 41

---

Simcha, Yarmulka & Tzitzis, Tefilla, Shabbos is Holy, Shabbos Candles

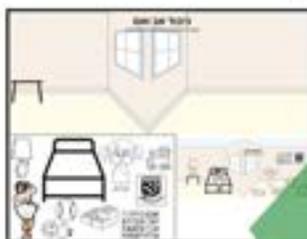
## Parachute Games 46

---

# Kibud Av V' eim

- It's a mitzvah for children to honor their parents. By honoring our parents, we also honor Hashem.
- Hashem promises us long life if we keep this Mitzvah.
- What are ways to honor our parents?
  - We should carry out their wishes happily and quickly vs. whining and kvetching.
  - We should never contradict our parents. If we disagree, we must still be ready to do what they ask. We can then discuss our disagreement politely.
  - We should honor our parents even if we are embarrassed to carry out their wishes.
  - If someone asks our parent a question we wait for our parents to answer first.
  - We never sit in our parents' places.
  - We should always thank our parents for the good things they do for us. We should let them know that we appreciate the money they spend to provide us with food, clothes and education.
  - We never wake up our parents when they are taking a nap.

## 1: Morning Table Craft



## 4: Outdoor Fun

### Nature Bracelet Gift:

To be gifted to campers' mother



1. Before going outdoors, wrap a piece of masking tape to each child's wrist, sticky side up.
2. As you explore, help campers attach colorful leaves and flowers to their bracelet.
3. When done, place another piece on top to seal the flowers.

## 2: Group Discussion/Puppet Show

Act out the following scene: Izzy & Lizzy are hungry and debating if they are allowed to wake up Mommy from her nap. Izzy will eventually suggest that they cut an apple by themselves so Mommy can rest.



## 5: Group Game

Play musical chairs (using spotters) - with the campers not being able to sit on Abba's chair. Place a Shabbos Abba hat on one of the chairs with the words אבא on it.



## 3: Art Project

### Frame for Parents

- Picture of every child printed out prior to art
- Paint,
- Sequins
- Popsicle sticks
- 'I love my Parents' Template



### Instructions

- Give every child a paper plate.
- Show children how to glue popsicle sticks together - on the sides - on a paper plate.
- Do not move them - and keep them on the plate.
- Paint the popsicle sticks.
- Place picture of child and glue on that says 'I love my parents.'

## 6: Waterplay

### Clean the Cars:

Give campers sponges, shaving cream and soap to clean the toy cars.



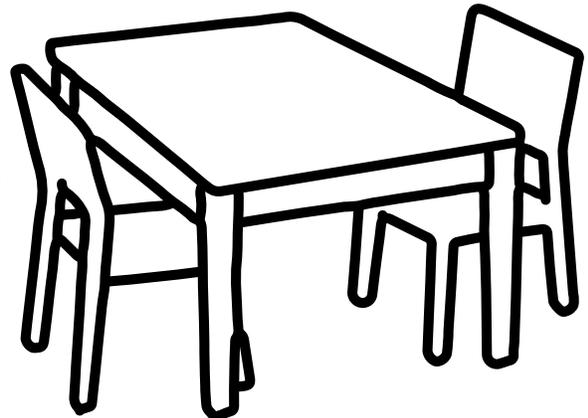
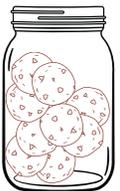
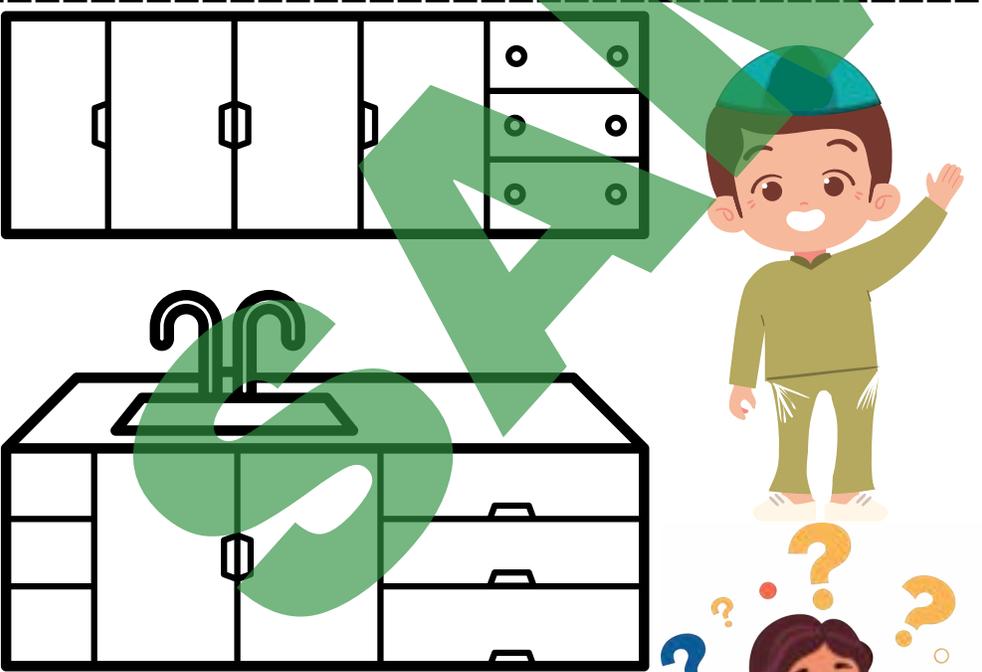
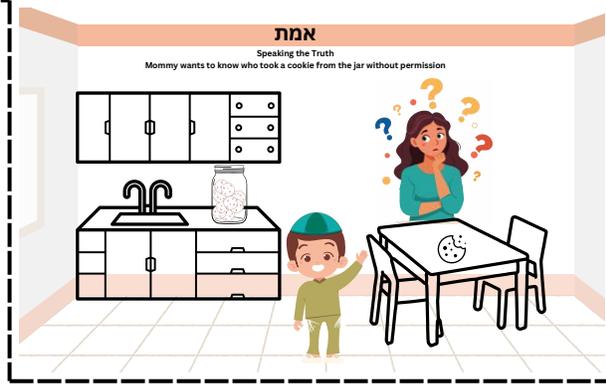
## Book Suggestions

- The Gratitude Game
- The Key Under The Pillow

Mommy wants to know who took a cookie from the jar without permission

EXAMPLE

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# TON

Help Mommy shop



© JewishCurriculum.com



BH

DISCOVER THE MYSTERY OF THE WORLD  
**SHIUR CURRICULUM**

GEARED TO CHILDREN IN GRADES 2-7



# TABLE OF CONTENTS

- |   |            |
|---|------------|
| 1. DISCOVER THE MYSTERY OF THE WORLD          | PAGE 4-9   |
| • LOOK AT OTHERS WITH A KIND EYE              |            |
| • VISIT THE SICK                              |            |
| • FREE THE CAPTIVE THAT IS INSIDE OF US       |            |
| 2. DISCOVER THE MYSTERY OF THE TORAH          | PAGE 10-15 |
| • TORAH AND MITZVOT                           |            |
| • RUN TO DO A MITZVAH                         |            |
| • YETZER HARA AND YETZER TOV                  |            |
| 3. DISCOVER THE MYSTERY OF FRIENDS            | PAGE 16-21 |
| • DONT BE JEALOUS OF OTHERS                   |            |
| • BE KIND TO OTHERS                           |            |
| • DONT HOLD A GRUDGE                          |            |
| 4. DISCOVER THE MYSTERY OF THE HOME           | PAGE 22-27 |
| • PEACE BETWEEN SIBLINGS                      |            |
| • THE BENEFITS OF RAIN                        |            |
| • DON'T DELAY IN HELPING YOUR PARENTS.        |            |
| 5. DISCOVER THE MYSTERY OF THE BEIT HAMIKDASH | PAGE 28-33 |
| • THE BEIT HAMIKDASH                          |            |
| • THE MIZBEACH - DON'T EMBARRASS OTHERS       |            |
| • THE MENORAH - GIVING OTHERS                 |            |
| 6. DISCOVER THE MYSTERY OF OURSELVES          | PAGE 34-39 |
| • SHOWING APPRECIATION                        |            |
| • BEING HUMBLE                                |            |
| • OUR HEALTHY BODY                            |            |
| 7. DISCOVER THE MYSTERY OF SHUL               | PAGE 40-45 |
| • DAVENING SHACHARIT                          |            |
| • DAVENING MINCHA                             |            |
| • DAVENING MAARIV                             |            |
| 8. DISCOVER THE MYSTERY OF JEWISH EDUCATION   | PAGE 46-51 |
| • FOLLOWING HASHEMS COMMANDMENTS              |            |
| • LEARNING TORAH                              |            |
| • THE TORAH IS OUR GUIDE                      |            |

DISCOVER THE MYSTERY OF THE WORLD  
LOOK AT OTHERS WITH A KIND EYE

אלה הדברים אשר דבר משה אל כל ישראל בעבר הירדן במדבר בערבה מול  
סוף בין פאָרן וּבֵין תּוֹפֵל וְלָנֹן וְחַצְרֹס וְנְדִי זָהָב

THESE ARE THE WORDS THAT MOSHE SPOKE TO ALL ISRAEL ON THE EAST BANK OF THE  
YARDEN RIVER, IN THE DESERT IN THE ARAVA, NEAR SUF, CLOSE TO PARAN, BETWEEN  
TOFEL AND LAVAN, CHATZEROS AND DI ZAHAV.

DEVORIM 1:1

\*\*\* TORAH \*\*\*

When Moshe neared the end of his life, he called all the Jewish people together in order to speak to them. He wanted to remind them of many of the Mitzvos that they learned from him, and encourage them to enter the land of Eretz Yisroel. He also needed to rebuke them for some of the not-so-nice things that they did in the desert, and he hinted to those sins with the names of all these areas that are mentioned in this Possuk. [Do you remember the sin of the spies? And Korach? And when the Jews complained about the delicious Manna?] However, he was nervous to just tell them off, since Hashem punishes anyone who speaks badly about his precious children! Can you imagine? Even if a Jew really did do an aveira, Hashem does not want other people to speak badly about him! This is because Hashem loves every single Jew so much, even when they sin.

There are stories of people, even very great prophets, who spoke badly about Jews, and they were punished. Did you know that at every bris there is a special place for Eliyahu Hanavi? This is the reason: Once it happened that Eliyahu had to hide in a cave, because the queen wanted him to be killed (because he killed the false prophets of the Baal idol.) Hashem spoke to him in the cave and said, "What are you doing here, Eliyahu?" Eliyahu answered, "I have been defending Hashem, for the Jews are not giving their children a Bris, and they are doing other bad things, too!" Hashem said, "When I went to Har Sinai to give the Jews the Torah, thousands of malachim came and they all wanted to see the good of the Jewish people.

How can you speak badly about them?"

Yet Eliyahu repeated the same answer again. So Hashem answered, "Since you spoke badly about the Jews, and you said that they do not keep the bris anymore, I command you that whenever My children perform a Bris, you must personally be there! Because the same mouth that said not good things will have to testify that the Jews are behaving properly, by giving their baby boys a Bris with great joy."

So whenever a baby boy is about to receive a Bris, the special chair for Eliyahu is set up and someone announces: זה כסא של אליהו הנביא – This is the seat of Eliyahu the Prophet! This is what happens: Hashem calls together all the Malachim in heaven and says, "See what type of children I have created in the world. They keep the Mitzvah of Bris Mila with such great joy!" Then Eliyahu flies down from heaven, flapping his wings four times, and comes to the place where the Bris is being held. He then returns to heaven and announces that the Jews are in fact keeping the mitzvah of Bris Mila.

There are quite a few instances in the Torah where someone does something bad, and the Torah does not say his name. Hashem doesn't want him to be embarrassed! Once it happened in the desert that a Jew was collecting wood on Shabbos, and he was punished, but the Torah does not tell us the name of the person. Many years later, a sage said, "That wood-gatherer was Tzlafchad!" The sages near him got upset. "The Torah hides this information from us. Why are you revealing it?"

In contrast to that, there was a Jew named Gide-

on, who lived in a time that the Jews were being persecuted by Midian. An angel appeared to him, and Gideon spoke up to defend the Jewish people, and prove that they really deserved to be saved. The angel told him, "You have spoken well. I will destroy Midian, and it is only for this reason: because you spoke up for the Jewish people."

It is amazing to see how much Hashem values when we look at each other with a kind eye and notice all the wonderful things about each other! He blesses us with all sorts of good things when we say positive

things about each other. Therefore, we should always be in the habit of speaking good about our fellow Jews. Whoever speaks good about the Jewish people – Hashem raises him up in the world.

Now we can understand why Moshe was nervous to rebuke the Jewish people, but in this case Hashem specifically gave him permission, because Moshe was about to pass away and he had to inspire the Jews to serve Hashem properly. Even so, he only hinted to their sins by mentioning the places where it happened, but he didn't actually say them all straight out.

## \*\*\* AVODAH \*\*\*

The Kohanim have the power to bless the Jewish people, and when they do so, Hashem blesses us as well. These are the words that they say:

"May Hashem bless you with parnasas and guard you from thieves who want to take away your money. May Hashem shine His joy-

ful face upon you and be kind to you. May Hashem turn His face towards you and give you peace."

"Tell Aharon and his sons that they should put My holy name onto B'nei Yisroel through their Brachos. I will agree with their Brachos and I Myself will bless all of B'nei Yisroel, including the Kohanim."

## \*\*\* GEMILUT CHASSADIM \*\*\*

Hashem is so particular that we only say nice things about each other, and to avoid saying not nice things.

Imagine that you have a pair of magical glasses. The magical quality is that every time you put it on, you only see wonderful things! Keep those glasses in your pocket, and whenever you're with your friends and siblings, pull them out as often as you need. Here is an example of a situation:

You told your friend "good morning" and instead of smiling back at you, she made a face. You might get instantly insulted and start speaking about

her, but...pull out those glasses! When you put them on, you see that what really happened is that she has a stomach ache. Her mother insisted that she should go to school, but she really isn't feeling up to it. Hm. Now you aren't going to gossip about her. You are probably going to speak kindly to her and bring her a glass of water. Thank goodness for those magical glasses! You could've fallen into a nasty fight, for no reason at all!

Guess what, you can really train yourself to look at people with such magical glasses, even if they aren't physically in your pocket!

DISCOVER THE MYSTERY OF THE WORLD  
VISIT THE SICK

וינא אלאו יתנה באלני ממרא והוא ישב פתח האהל בהם היום.

HASHEM APPEARED TO HIM (AVRAHAM) IN THE FIELDS OF MAMREI.  
HE WAS SITTING AT THE DOOR OF THE TENT IN THE HEAT OF THE DAY.

VAYERA 18:1

TORAH

Avraham was 99 years when Hashem commanded him to have a Bris. He did so quickly and happily, even though it was a difficult thing to do for a man of his age! Hashem was so pleased with him, that Avraham was now able to receive prophecy standing straight (before his Bris, he would fall down on the floor when Hashem appeared to him.)

In this story in the Torah, we don't find a specific reason why Hashem came to Avraham, nor does it mention that Hashem told him something! So why did Hashem come? For a very special reason: Bikur Cholim. Hashem visited Avraham, who was feeling weak and in pain from his Bris which took place three days before, in order to teach us to do the same: to visit sick people. This Mitzvah is very precious to Hashem. One who is careful to keep this mitzvah is protected from punishments and is guarded from his Yetzer Hara! Even if someone is very important, he should visit simple people. When you see someone suffering, you pray for him – and you are literally giving him life! Also, when you visit someone, you can see firsthand what needs to be done to help them out. You could help sweep the floor and clean the house. The air is then healthier and he will recover more quickly.

Rabbi Akiva had a student who became very sick and no one visited him. So the great Rabbi Akiva went there, took a broom, and began to sweep the house! He also changed the linen and generally cleaned up the house. The student was so relieved, that he said, "My master, you have brought me back to life! I felt like a dead man when I was lying in this filthy room!" Rabbi Akiva went back to the Yeshiva and announced how important it is to visit and assist an ill person.

It is especially important to care for poor people, for they don't have the proper medications and supplies to get better from their illness. In the winter, they might not have enough heating and blankets, and if it's one of the parents that are sick, they cannot work, and the whole family suffers. Whoever helps them is also helping the entire family, and that is a very great merit!

The Baal Shem Tov once traveled to the town of Brody, and as he was walking in the street he was stunned by an amazing sight. An old, poor-looking man was carrying heavy packages, and there was a pillar of white light over his head! This was a special light that only great Tzaddikim are able to see, and the Baal Shem Tov assumed that this man was a great Tzaddik. Who can he be? Everyone seemed to know him and had a friendly greeting for him. "Hi Hershel Tzig! How are your goats doing today?" The man responded with a kind smile and a "zei gezunt!" The Baal Shem Tov asked the people around him about the old man and they told him that he worked very hard as a porter, and all his meager earnings went straight to feeding the four goats he kept in his house. They gave milk, and because he loved them so much, he was called "Hershel Tzig (goat)."

The Baal Shem Tov realized that there was more to the story, and he followed the man home. After Hershel served the Baal Shem Tov a glass of fresh, warm milk, he told him the following: "My wife, Rochel Leah, passed away ten years ago, and she was such a wonderful woman. Ever since she was a young girl, she kept herself busy by taking care of all the sick people, and mothers who had just had babies. She looked after the children, cleaned their homes, and cooked them

delicious, nourishing meals. After she passed away, she came to me in a dream. 'Hershel!' she said. 'Don't worry about me at all! My Neshama went straight up to Gan Eden, and I was greeted by all the Neshamos that I was busy helping all the years of my life! You cannot even begin to imagine how much a good deed is appreciated in heaven.

The reward that a person gets for doing a kind deed to someone else is huge! So, my dear husband, listen to my advice. You don't know how to learn Torah, so instead busy yourself with doing as many Mitzvos as you can! Pay special attention to the poor, sick people, and to new mothers – but do it secretly. Then you will also merit a great reward when you come to Gan Eden!"

The Baal Shem Tov listened intently to Hershel's fascinating story. Then Hershel concluded, "I listened

very carefully to her wise words. I bought goats, and I give them very healthy food, so that their milk is very healthy and nourishing. I secretly give the milk to poor, sick children and adults, and Hashem gives His Bracha that the people become healthy and strong."

The Baal Shem Tov then realized why Hershel merited to have such a pure pillar of light over his head! He arranged for Hershel to begin learning Torah with one of the secret Tzaddikim, and within a short time he learned very much, and eventually became a great Talmid Chochohl! But he still made sure to keep taking care of all the sick people in town, and when he passed away, he received a tremendous welcome in Gan Eden! Crowds of Tzaddikim, including the Baal Shem Tov, came to greet him, as well as the thousands of angels that were created by the Mitzvos that he had done.

## \*\*\* AVODAH \*\*\*

Every day, we say the following Mishna in the Morning Brachos: **אֵלֶּי דְּבוֹרִים שְׂאִין לֵהֶם שְׁעוֹר** - These are the Mitzvos which can be done in an unlimited way: Leaving produce at the edge of the field for the poor, bringing the first fruits to the Beis Hamikdosh, going to the Beis Hamikdosh to be seen by Hashem on the Shalosh Regalim, doing kind deeds for other people, and learning Torah.

These are the Mitzvos for which a person receives a part of the reward in this world, and the main

reward is given to him in Olam Haba.

They are: Honoring your father and mother, doing kind deeds for other people, coming early to the shul in the morning and night, welcoming guests to your house, visiting the sick, helping a kalla with her wedding expenses, going to a levaya, concentrating on davening, and making peace between two people and between a husband and wife. All of these Mitzvos are special, and learning Torah is equal to all of them.

## \*\*\* GEMILUT CHASSADIM \*\*\*

Hashem taught us how important it is to visit sick people by modeling this behaviour, and visiting Avraham when he was ill. Can you think of different ways that you can cheer up a sick friend or neighbour?

Imagine that your neighbour is G-d forbid ill. All your friends are going to the mall, but you know that your neighbour has no family and is having a very difficult time caring for her lively little children. Should you help her out or go to the mall?

Hmm...it's a tough decision. You don't want to miss out on the fun, but you know you'll feel guilty the whole time that you're at the mall if you don't help her. Now think: Hashem Himself visited someone who was sick, shouldn't you do the same? Maybe you can even convince your friends to come over to your house instead, where you'll all have fun taking care of the kids together, and then you can go to the mall another day!